

**BENADRYL** (diphenhydramine)

**Protocols: AM 1-Allergic Reaction Anaphylaxis, PM 1-Pediatric Allergic Reaction**

- **Type of drug:** antihistamine
- **Mechanism of Action:** decreases allergic response by blocking histamine
- **Indications:** allergic reaction
- **Contraindications:** acute asthma attack, COPD
- **Precautions:** cardiac disease, hypertension, glaucoma, elderly
- **Route and Dosage:** 25-50 mg IV/IO/IM/PO; Pediatrics 1 mg/kg IV/IO/IM/PO;  
**Do not give in infants < 3 months**
- **Adverse reactions and side effects:** seizures, CNS depression