



SCENE REHABILITATION: RESPONDER

Remove:

PPE
Body Armor
Chemical Suits
SCBA
Turnout Gear
Other equipment as indicated

Continue:

Heat and Cold Stress treatment techniques from General Rehab Section

Injury / Illness / Complaint should be treated using appropriate treatment protocol beyond need for oral or IV hydration.



NFA Age Predicted 85 % Maximum Heart Rate	
20 - 25	170
26 - 30	165
31 - 35	160
36 - 40	155
41 - 45	152
46 - 50	148
51 - 55	140
55 - 60	136
61 - 65	132

Initial Process
1. Personnel logged into Responder Rehabilitation Section
2. VS Assessed and Recorded / Orthostatic Vital Signs
3. Pulse oximetry and SPCO (if available)
4. Personnel assessed for signs / symptoms

Use in conjunction with General Rehabilitation Protocol

20 Minute Rest Period

Pulse Rate > 85 % NFA Age Predicted Maximum

A
NORMAL SALINE BOLUS
500 mL IV / IO
Maximum 2 L
Titrate to HR ≤ 100
And
SBP ≥ 100 mmHg

Systolic BP ≥ 160
Or
Diastolic BP ≥ 100

Respirations < 8 or > 40

Pulse oximetry < 90 %
SPCO > 10 %

Temperature ≥ 100.6

No improvement after 30 minutes of additional rehabilitation

Mandatory Rest Period
Rehydration is Most Important
Re-evaluate in 10 minutes

Discharge Responder from General Rehabilitation Section
Reports for Reassignment

Notify Destination or Contact Medical Control

Special Operations Section

Pearls

- This protocol is optional and given only as an example. Agencies may and are encouraged to develop their own.
- Rehabilitation officer has full authority in deciding when responders may return to duty.
- Utilized when responder is not appropriate for General Rehabilitation Protocol.
- May be utilized with adult responders on fire, law enforcement, rescue, EMS and training scenes.
- Responders taking anti-histamines, blood pressure medication, diuretics or stimulants are at increased risk for cold and heat stress.
- Rehabilitation Section is an integral function within the Incident Management System.
- Establish section such that it provides shelter, privacy and freedom from smoke or other hazards.